



Your health record in your hands

Control your health information securely, in one place

What is 'My Health Record'?

My Health Record is an online summary of your key health information. My Health Record brings together health information such as medical conditions, medicines, allergies, test results and vaccinations in one place. This means safer and more efficient care for you and your family.



Personally controlled

It's your choice who sees your My Health Record and what's in it. You can choose to share your information with the healthcare providers involved in your care. By allowing them to upload, view and share documents in your My Health Record, they will have a more detailed picture with which to make decisions, diagnose and provide treatment.

A secure system

My Health Record has various safeguards in place to protect your information, including secure login, firewalls and encryption.

What if I have a My Health Record and I don't want it any more?

It's your choice to have a My Health Record or to permanently delete it at any time in your life.

To permanently delete your record, select 'Cancel My Health Record' in the 'Profile' menu within your record, or you can contact your local health service or call the Help line.



For more information go to:

digitalhealth.gov.au

Help line 1800 723 471